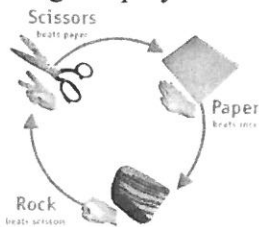




MFL Contract

1. Teams will be divided evenly and fairly. All games and activities are open to anyone who wishes to participate. Each recess, all students will line up against the south fence and count off by 2s (one, two, one, two...). There will be no team captains and teams will change for every recess. Jerseys are available to distinguish teams. If needed, the quarterback will be chosen through player cards or by the supervising adult.
2. Students will use the official MFL footballs provided by the school. Students will not use their own footballs from home. Football is played on the grass field only and within the boundaries of the playground. On the Field of Play, the first down starts at midfield. Teams have 5 downs/plays to make it to the goal line. The other team takes over at midfield if a touchdown is not made in 5 down/plays.
3. All contact during the game will be safe and friendly. Students will use two-hand touch for contact on the side of the body, never from the back or front (pushing). NO tackling, grabbing, or pulling of others or their clothing will be allowed. There is no rushing of the Quarterback.
4. All students must go through Orientation with the Principal/AP to learn the rules and expectations of football at Mitchell.
5. To solve problems, students will use "Rock It Out" (the same as learned in P.E. class). Students will speak to one another in a kind and respectful manner using Mitchell ROCKS as a guideline.
6. A player card will be kept by the supervising adults with the expectations. Any infractions will be noted and dated for reference & problem-solving. Students who complain/argue with the supervising adult will lose the privilege of play for the day*.

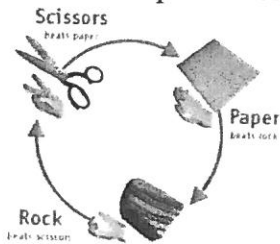


***Consequences:** *Players who are not following the rules will be removed from the game immediately and lose the privilege of football for one week. If a student is removed from the game a second time, he/she will lose the privilege of playing football for a month. Finally, if a student is removed from the game a third time, he/she will lose the privilege of playing football for the remainder of the school year. After each time he/she is removed, he/she will be reminded of the rules and have the opportunity to learn them again from the Principal/AP in the Office.*



Soccer Reminders

1. Teams will be divided evenly and fairly. All games and activities are open to anyone who wishes to participate. Each recess, all students will line up against the south fence and count off by 2s (one, two, one, two...). There will be no team captains and teams will change for every recess. The games begins by one team taking possession and kicking the ball to their teammates. Jerseys are available to distinguish teams.
2. Goalies may use their hands or any parts of their body to stop the ball. Goalies are allowed to hold and punt the ball down the field. There will be one Goalie per team.
3. No other players are allowed to use their hands or any part of the arm to hit the ball. Heads, shoulders, chest, backs, and legs are allowed in hitting the ball.
4. All contact during the game will be safe and friendly. No running into another person on purpose, pushing, shoving is allowed. Players who play too rough will sit out for the remainder of the game.
5. Whoever kicks the ball out-of-bounds loses possession of the ball. The other team takes possession at the spot where the ball went out-of-bounds by a two handed over the head throw in.
6. To solve problems, students will use "Rock It Out" (the same as learned in P.E. class and for the MFL). Students will speak to one another in a kind and respectful manner using Mitchell ROCKS as a guideline.



7. A player card will be kept by the supervising adults with the expectations. Any infractions will be noted and dated for reference & problem-solving. Students who complain/argue with the supervising adult will lose the privilege of play for the day*.

**Consequences: Players who are not following the rules will be removed from the game immediately and lose the privilege of soccer for one week. If a student is removed from the game a second time, he/she will lose the privilege of playing soccer and team sports for a month. Finally, if a student is removed from the game a third time, he/she will lose the privilege of playing soccer for the remainder of the school year. After each time he/she is removed, he/she will be reminded of the rules and have the opportunity to learn them again from Admin in the Office.*

Student Signature (for both sports even if he/she doesn't play one or the other):

Parent/Guardian Signature:

Date: